

APPENDIX 2

The following data aims to summarise the caseload nature and activity for the current Tier 4 drug and alcohol treatment system in Southwark. Data has been extracted from the National Drug Treatment Monitoring System (NDTMS). NDTMS monitors all services that provide tier 3/4 structured drug and alcohol treatment.

However, as part of the evaluation of the Tier 4 service provision which in part resulted in a recommissioning proposal, it was identified that there was little structure and uniformity to the data collection of the Tier 4 treatment system. For example, individual inpatient facilities and residential rehabilitation centres were required to upload onto NDTMS, alongside the Adult Social Services Team who supported service users with 'Recovery Support' whilst they are engaging in a Tier 4 treatment service. This has resulted in duplication of work, and a lack of clarity or compliance for recording onto NDTMS and measuring service activity and overall impacts. As such, this document will offer the following data from the following sources, but it must be treated with caution:

- Adult Provider Activity Report – Southwark Social Services SMT who oversees the care of service users in Tier 4 provision
- Adult Provider Activity Reports for Inpatient Detoxification Units currently commissioned – Equinox Brook Drive and Cranston City Roads
- Adult Activity Reports for Residential Rehabilitation Centres (with the warning that due to the previous lack of structure to agree a rehab, there may be a number of centres omitted due to an absence in data monitoring and quality assurance in the current model)

Time scales of data provided are the financial year 2015/16 to allow this data to be illustrated within the public domain.

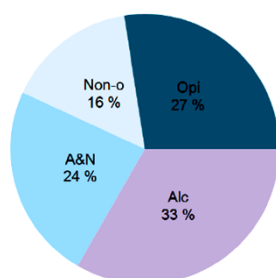
Summary of Service Users engaged in Tier 4 Treatment Provision

Substance Categories – as registered by Southwark Social Services

Financial Year 2015/16

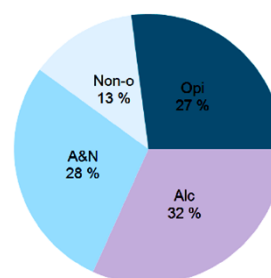
- Within adult drug and alcohol treatment service data, service users are placed into one of the 4 mutually exclusive Substance Categories based on their current and historic substance use to illustrate primary substance need. These are:
 - *Opiate*: Service users are placed within this category if they disclose using any opiate (including opiate and crack use [OCU]; misusing substitute opiate prescriptions; or the misuse of opiate based medication)
 - *Non-opiate only*: This category illustrates the service users who only misuse non-opiate drugs (i.e. not opiates or alcohol). This could include cocaine, amphetamine or novel psychoactive substances (NPS) to name a few
 - *Alcohol only*: Service users who only misuse alcohol and do not misuse any illicit substances
 - *Alcohol and non-opiate*: A category that is used to demonstrate the number of service users that misuse alcohol, alongside other illicit substance as listed in the non-opiate category. Importantly, it does not include opiate drugs

New Presentations - Year To Date



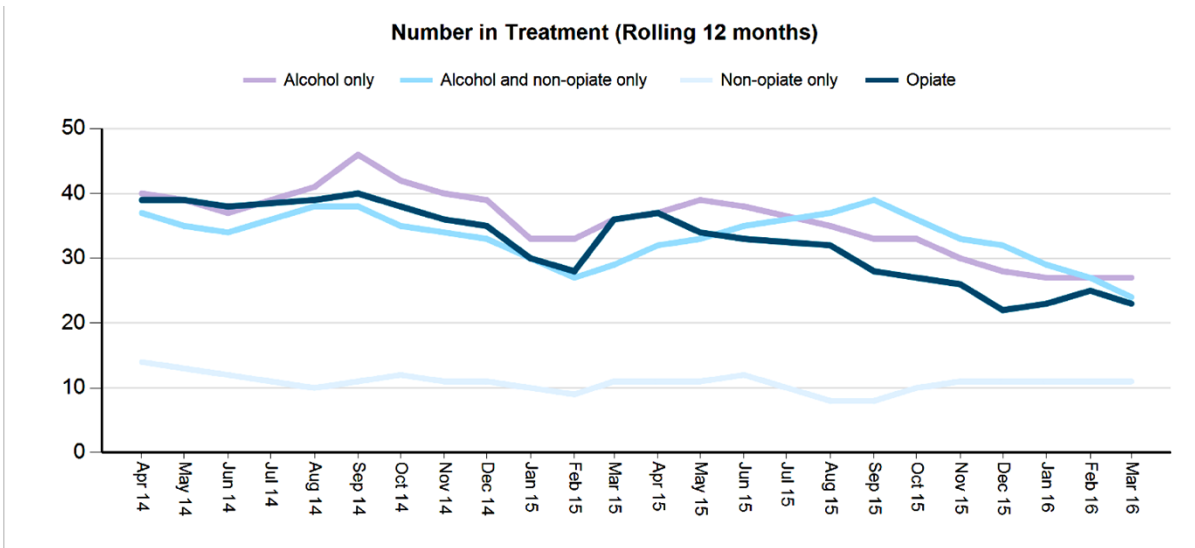
| Substance Category | New Presentations |
|-----------------------------------|-------------------|
| Alcohol and non-opiate only (A&N) | 12 |
| Alcohol only (Alc) | 17 |
| Non-opiate only (Non-o) | 8 |
| Opiate (Opi) | 14 |
| Total Clients | 51 |

All In Treatment - Year To Date



| Substance Category | Nos in Treatment |
|-----------------------------------|------------------|
| Alcohol and non-opiate only (A&N) | 24 |
| Alcohol only (Alc) | 27 |
| Non-opiate only (Non-o) | 11 |
| Opiate (Opi) | 23 |
| Total Clients | 85 |

- There were **85** Southwark service users working with the Substance Misuse Team (SMT) in Southwark Social Services in 2015/16 to achieve Tier 4 treatment provision
- **51** service users were recorded as 'new presentations'
- Service users who misuse alcohol represent the highest proportion of the Tier 4 caseload (32%); closely followed by alcohol and non-opiate users (28%) and opiate users (27%)



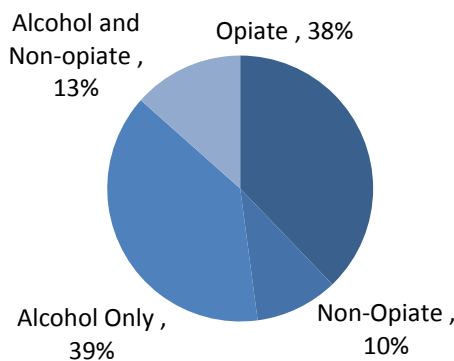
- The above graph demonstrates the number of service users engaged with the SMT Tier 4 team between 2014-2016.
- Over the most recent 6 months, there was a gradual decline in the treatment population for all substance groups; with the exception of 'non-opiate' only which has remained steady with approximately 10 service users per year requiring Tier 4 level interventions
- The treatment caseload number for 'alcohol only' service users appears to be levelling out in recent months, and represented the most popular client group in March 2016 - the first time in almost a year this has happened, according to these figures.

Number of service users admitted to In-Patient Detoxification Units

Financial Year 2015/16

| In-patient detox units (Southwark residents) | |
|--|------------|
| <i>Number on caseload (2015/16)</i> | 119 |

In-patient detoxification centres - by Substance Categories



- A small proportion of alcohol and non-opiate/non-opiate service users attend for in-patient detoxification, with the majority of the service users presenting as alcohol only or opiate users

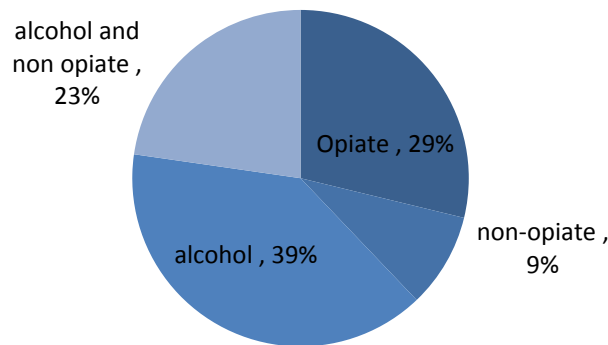
- This service user profile is consistent to a detoxification unit which will mainly offer detoxifications for alcohol and detoxifications/stabilisations for opiate users

Number of service users attending Residential Rehabilitation Centres

- According to NDTMS, 17 individual rehabilitation centres received referrals from Southwark in 2015/16
- There were **56** service users attending these rehabilitation centres during this financial year

| Residential Rehabs (Southwark residents) | |
|--|-----------|
| <i>Number on caseload (2015/16)</i> | 56 |

Proportion of service users in residential rehab, by substance category



- The majority of service users attending residential rehabs are from the 'alcohol only' substance category (40%)
- Almost 1/3 admissions to residential rehabs are for individuals recovering from opiate use
- Non-opiate only users represent the smallest proportion of the residential rehab caseload

Number of service users engaging with a Structured Day Programme

- Southwark SMT will also refer service users to Structured Day Programmes if there is a Tier 4 treatment need, without the requirement of accommodation or residential care
- As the below image demonstrates, there were 29 Southwark service users engaging with this programme in 2015/16; with 22 new presentations during the year.
- Alcohol and non-opiate substance category represent the majority of service users in this programme (45%)

| Structured Day Programmes (Southwark residents) | |
|---|-----------|
| <i>Number on caseload (2015/16)</i> | 29 |

Proportion of service users in residential rehab, by substance category

